



Kindness

品格教育：仁慈

Character Education with Teacher Dom

跟 Dom 老師上品格教育

Notice

注意

Help

幫忙

Share

分享

Cheer

加油

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ways to be kind

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kind sentences in English

句仁慈的英文

1

kind act starts the next one

個仁慈的舉動，帶動下一個

Hello! I am Dom.

哈囉！我是 Dom。

I come from California, USA.

我從美國加州來。

I have been teaching students in Taiwan for a couple of years.

我在台灣教學生已經有幾年了。

Today's word is kindness.

今天的關鍵字是：仁慈。



Think of one person who was kind to you this week.

想一想：這個星期，誰對你很仁慈？

What Is Kindness?

什麼是仁慈？

Kindness means you see what someone needs — and you do something nice to help.

仁慈，就是看見別人需要什麼——然後做一件好事幫助他。

notice
注意

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Show Me: KINDNESS

做給我看：仁慈

Look, help, smile!

看一看、幫一幫、笑一笑！



**LOOK — who needs
help?**

看一看——誰需要幫忙？



**HELP — hold out
your hand**

幫一幫——伸出你的手



**SMILE — say “Are
you OK?”**

笑一笑——說「你還好
嗎？」



Stand Up If...

如果是你，就站起來！

1

Stand up if a friend shared something with you today.

今天有朋友跟你分享東西的，站起來。

2

Stand up if you helped someone this week.

這個星期有幫過別人的，站起來。

3

Stand up if you said "thank you" or "are you OK?" today.

今天有說過「謝謝」或「你還好嗎」的，站起來。

Kindness is already here at Lukang. Let's make it grow!

仁慈已經在鹿港國小了。我們讓它長得更大！

Kind or Not Kind? 1/2

仁慈，還是不仁慈？

KIND

仁慈



Sharing my umbrella

跟同學一起撐傘



Picking up her books

幫她把書撿起來

NOT KIND

不仁慈



Laughing when someone falls

別人跌倒時笑他



Saying "You can't play"

說「你不能玩」

👍 Thumbs up for KIND, thumbs down for NOT KIND! · 仁慈比讚，不仁慈比倒讚！

Kind or Not Kind? 1/2

仁慈，還是不仁慈？

KIND

仁慈



Sharing my umbrella

跟同學一起撐傘

→ **KIND** 仁慈



Picking up her books

幫她把書撿起來

→ **KIND** 仁慈

NOT KIND

不仁慈



Laughing when someone falls

別人跌倒時笑他

→ **NOT KIND** 不仁慈



Saying "You can't play"

說「你不能玩」

→ **NOT KIND** 不仁慈

👍 Thumbs up for KIND, thumbs down for NOT KIND! · 仁慈比讚，不仁慈比倒讚！

Kind or Not Kind? 2/2

仁慈，還是不仁慈？

KIND
仁慈



Lending a crayon
借蠟筆給同學



Taking the last one first
搶走最後一個



Cheering for a friend
幫朋友加油



Stepping on the flowers
踩花園裡的花

👍 Thumbs up for KIND, thumbs down for NOT KIND! · 仁慈比讚，不仁慈比倒讚！

Kind or Not Kind? 2/2

仁慈，還是不仁慈？

KIND
仁慈



Lending a crayon

借蠟筆給同學

→ **KIND** 仁慈



Cheering for a friend

幫朋友加油

→ **KIND** 仁慈

NOT KIND
不仁慈



Taking the last one first

搶走最後一個

→ **NOT KIND** 不仁慈



Stepping on the flowers

踩花園裡的花

→ **NOT KIND** 不仁慈

👍 Thumbs up for KIND, thumbs down for NOT KIND! · 仁慈比讚，不仁慈比倒讚！



It is raining. Your friend has no umbrella. What can you do?

下雨了，你的朋友沒有傘。你可以怎麼做？

A

**Run away
fast**

趕快跑走

B

**Share my
umbrella**

跟他一起撐

C

**Laugh at
him**

笑他

D

Say nothing 什麼都不說



Tap any option to reveal · 點任一選項公布答案



It is raining. Your friend has no umbrella. What can you do?

下雨了，你的朋友沒有傘。你可以怎麼做？

B

Share my umbrella

跟他一起撐



Share it! One umbrella keeps two friends dry.

一起撐！一把傘，兩個朋友都不會淋濕。



A classmate drops all her books. What is the kind thing to do?

同學的書全部掉在地上。怎麼做才是仁慈？

A

Help pick them up

幫忙撿起來

B

Step over them

跨過去

C

Tell her she is clumsy

說她笨手笨腳

D

Just watch

在旁邊看



Tap any option to reveal · 點任一選項公布答案



A classmate drops all her books. What is the kind thing to do?

同學的書全部掉在地上。怎麼做才是仁慈？

A

Help pick them up

幫忙撿起來



Help! Many hands make the work light.

幫忙撿！大家一起，事情就變輕鬆。

Kindness in a Narrow Lane

窄巷裡的仁慈

Lukang has an old lane less than one meter wide. When two people meet, one must step aside. That is why people call it Gentleman's Lane.

鹿港有一條不到一公尺寬的老巷子。兩個人相遇時，一定要有一個人側身讓路。所以大家叫它「君子巷」。

lane
巷子

narrow
窄

**step
aside**
讓路

polite
有禮貌





In Gentleman's Lane, you meet a grandma carrying a heavy basket. What is the kind thing to do?

在君子巷裡，你遇到一位提著重籃子的阿嬤。怎麼做才是仁慈？

A

Push past her quickly

趕快擠過去

B

Step aside and let her go first

側身讓她先走

C

Wait and sigh loudly

站著大聲嘆氣

D

Turn around and run

轉身跑走



Tap any option to reveal · 點任一選項公布答案



In Gentleman's Lane, you meet a grandma carrying a heavy basket. What is the kind thing to do?

在君子巷裡，你遇到一位提著重籃子的阿嬤。怎麼做才是仁慈？

B Step aside and let her go first

側身讓她先走



Step aside and smile. Letting someone go first is a small kindness anyone can do.

側身讓路，再加一個微笑。讓別人先走，是每個人都做得到的小小仁慈。

Our Jar Wall

我們的甕牆



Look — this is your school! One jar alone is small. Hundreds of jars together make a wall. Kind acts work the same way.

看——這是你們的學校！一個甕很小，幾百個甕放在一起，就成了一道牆。仁慈的舉動也是這樣。

True or False? 1/2

真的還假的？手比 ○ 或 ✕

Kindness is only for my best friends.

只要對好朋友仁慈就好。

A smile can be kindness.

一個微笑也可以是仁慈。

👉 Tap each one to reveal · 點每一題公布答案

True or False? 1/2

真的還假的？手比 ○ 或 ✕

Kindness is only for my best friends.

只要對好朋友仁慈就好。

✕ FALSE

Kindness is for everyone — new friends, too.

仁慈是給每一個人的——新朋友也是。

A smile can be kindness.

一個微笑也可以是仁慈。

○ TRUE

Yes! It is free, and it takes one second.

對！不用錢，而且只要一秒鐘。



Tap each one to reveal · 點每一題公布答案

True or False? 2/2

真的還假的？手比 ○ 或 ✕

Taking care of our garden is kindness.

照顧我們的花園也是仁慈。

Kindness is only for people you already know.

只要對認識的人仁慈就好。

👉 Tap each one to reveal · 點每一題公布答案

True or False? 2/2

真的還假的？手比 ○ 或 ✕

Taking care of our garden is kindness.

照顧我們的花園也是仁慈。

○ TRUE

We are kind to places everyone shares.
大家共用的地方，我們也要愛護。

Kindness is only for people you already know.

只要對認識的人仁慈就好。

✕ FALSE

Strangers, new classmates, grandmas in the lane — everyone!
陌生人、新同學、巷子裡的阿嬤——每個人都是！

👉 Tap each one to reveal · 點每一題公布答案

Say It With Me

跟著我唸

Are you OK?

你還好嗎？

Can I help you?

我可以幫你嗎？

Let's play together.

我們一起玩。

Here, you can use mine.

來，你可以用我的。

You can do it!

你做得到！

Act It Out!

演演看！

Two friends act out a kind action — no talking! The class guesses in English.

兩位同學演出一個仁慈的動作——不能說話！全班用英文猜。

share an umbrella 一起撐傘

pick up books 撿書

help a friend up 扶朋友起來

share a crayon 分享蠟筆

water the garden 幫花園澆水

cheer for a friend 幫朋友加油

Can we guess all six?

我們能猜對全部六個嗎？



Turn and Tell Your Partner

轉過去，告訴你的同學

What is one kind thing you can do at school?

在學校，你可以做的一件仁慈的事是什麼？

I can _____.
我可以 _____。



Thirty seconds each. Then I will ask two of you.

每人 30 秒。然後我會請兩位分享。

Dom on Kindness

Dom 談仁慈



Watch closely — what do the friends share at lunch?

仔細看——午餐時，朋友們分享了什麼？



In Dom's cartoon, what did the friends share at lunch?

在 Dom 的動畫裡，午餐時朋友分享了什麼？

A

A phone

手機

B

**A clean
spoon**

一支乾淨的湯
匙

C

A hat

帽子

D

A kite

風箏



Tap any option to reveal · 點任一選項公布答案



In Dom's cartoon, what did the friends share at lunch?

在 Dom 的動畫裡，午餐時朋友分享了什麼？

B A clean spoon

一支乾淨的湯匙



A clean spoon! Kindness can be very small — and still matter a lot.

一支乾淨的湯匙！仁慈可以很小，卻很重要。

3 Kind Things to Do Today

今天就可以做的 3 件仁慈的事

1

Invite someone to play with you.

邀請一位同學跟你一起玩。

2

Share something — a crayon, a snack, a smile.

分享一樣東西——蠟筆、點心，或一個微笑。

3

Tell a friend: "You can do it!"

跟朋友說：「你做得得到！」



Leave a Message for Dom

留言給 Dom

Go to our School Tour page and find the Lukang Elementary column. No sign-up, no login — just write your comment for Teacher Dom.

到我們網站的 School Tour 頁面，找到鹿港國小那一欄，免註冊、免登入，直接留言跟 Teacher Dom 互動。

mycultureconnect.org/dom-school-tour.html

Today I _____.

今天我 _____。

**One kind act
starts the next one.**

一個仁慈的舉動，會帶動下一個。

Thank you, Lukang Elementary!

謝謝鹿港國小！